



THE CATHOLIC COMMUNITY OF NORTH HARBOUR

Worshipping Communities of Allambie Heights, Balgowlah, Balgowlah Heights, Brookvale, Clontarf, Manly Vale, North Balgowlah, Seaforth and parts of Beacon Hill and North Manly



11
JAN
2026
YEAR A

Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay

Want to receive the bulletin via e-mail? Email comms@nhcatholic.org.au

THE BAPTISM OF THE LORD

"This is my beloved Son, with whom I am well pleased." - Mt 3:17

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI

CHURCH OF ST. CECILIA

Wanganella St and White St, Balgowlah 2093

MASS:

Wednesday, 9am
Sunday, 9am

BAPTISM:

Sunday, 10.30am

1st Sundays of the month (within the 9am Mass)

*Baptism Preparation is required for first baptisms.
Contact Parish Office for more details. Thank you.*



MASS & LITURGY TIMES

RECONCILIATION:

Saturday, 5.00 to 5.45pm
Church of St. Kieran

YOUTH MASS:

2nd Sundays of the month
during the school term.

WEDDING:

Require six months notice and
include Pre-Marriage Course as
part of the preparation.

CHURCH OF ST. KIERAN

2 King Street, Manly Vale 2093

MASS:

Monday, Tuesday, Thursday, Friday*, Saturday,
8.30am

Saturday (Vigil), 5.30pm
Sunday, 7.30am, 9.30am, 5pm

** Adoration to the Blessed Sacrament after Mass
on Fridays.*

BAPTISM:

Sunday, 11.30am
1st Sundays of the month (within the 9.30am Mass)

*Baptism Preparation is required for first baptisms.
Contact Parish Office for more details. Thank you.*

In the spirit of reconciliation the Catholic Community of North Harbour acknowledges the Traditional Custodians of these lands on which we gather.

We recognise their continuing connection to the lands and waterways and pay our respect to their elders past and present
and extend that respect to all First Nations people in our community.



Welcome to NORTH HARBOUR

- You are invited
- Join us in our varied celebrations & activities
- Consider sharing your gifts to us

EMAIL OFFICE@NHCATHOLIC.ORG.AU
LOCATION 2 KING STREET, MANLY VALE 2093 NSW
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PHONE (02) 9949 4455



VIRTUES, EXPLAINED!

Joy

Mini Explanation

Joy is the experience of achieving what we most desire — and what we most desire is love. God made us in love and for love, and so, in the same way that a flower seeks the sunlight, our souls seek the warmth of true, selfless love.

Joy, Explained!

Though it is often used as a synonym for happiness, joy has far more to do with the choices we make than the emotions we feel.

Joy is the experience of achieving what we most desire — and what we most desire is love. God made us in love and for love, and so, in the same way that a flower seeks the sunlight, our souls seek the warmth of true, selfless love. The virtue of joy, therefore, is a fruit of the virtue of love, or charity (CCC 1829).

"We are meant to have our human joys: the joy of living, the joy of love and friendship, the joy of work well done," said Saint Pope John Paul II. "We who are Christians have a further cause for joy: like Jesus, we know that we are loved by God our Father. This love transforms our lives and fills us with joy." ©LPI

BRINGING HOME THE GOSPEL

There is a lesson in this Gospel for all of us. When your child was baptized, his real identity was also announced and celebrated. He, too, is a son of God. She, too, is God's daughter. They are beloved, and they please God very much. It is up to us parents to help our children understand that they please God just by being who God created them to be.

Being a parent today is a monumental job. We try to raise our youngsters to discover, develop, and treasure their own uniqueness while they are surrounded by a culture that wants to impose its own criteria of what is special and worth prizes. Because of this, we need to continually find ways to remind our children of how loved they are and how precious they are to God.

At the same time, we need to name for them the individual qualities we see in them that make them special. Do they have a great sense of humour? Do they listen well? Do they keep confidences? Perhaps they easily befriend many different kinds of children. Focus on qualities and not accomplishments. Try not to rely on grades in school or sports successes as your only affirmations.

Finding and naming your child's gifts is a lot easier to do when you can name and appreciate your own. When we feel secure in who we are, when we can name our own gifts, we are going to be much more comfortable helping our children name their own.

When we are certain of how precious we are in God's eyes, it will be much easier to convince our children of how precious they are.

FAMILY RESPONSE:

Have each family member mention one good quality for each of the other family members.

PERSONAL RESPONSE:

Name some of your good qualities. Where did they come from?

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WEEKLY SOCIAL JUSTICE CHALLENGES

The first reading for the Baptism of the Lord has the Prophet Isaiah proclaiming that the Messiah "shall bring forth justice to the nations". Jesus fulfilled that passage by being a person of justice and teaching his disciples that all people deserve to be treated fairly and with dignity, including the poor, the sick and lame, the outcasts and sinners. Your challenge this week is to find a way to say "yes" to your baptismal call, just as Jesus said yes to his. What is Jesus calling you to do to live out your baptism? What injustice in your family or community or world are you being called to combat? And what can you do to help end it?

CARE FOR CREATION TIPS

"Just as he came up from the water, suddenly the heavens were opened to him and he saw the Spirit of God descending like a dove and alighting on him."—Matthew 3:16

Our Creator God uses creation to speak with us, send us messages, and inspire us. In the scripture story today, it's with a dove. This week, take some time to notice birds in your neighbourhood, be they common sparrows, pigeons, crows or fantastic hummingbirds or owls. What can you do to support birdlife in your area? Perhaps you can install a bird feeder or bird bath, plant native plants to attract and feed native birds or learn bird identification which will lead to an increased appreciation for these beautiful winged creatures.

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PASTORAL CARE FOR THE HOMEBOUND

Our clergy and pastoral care ministers bring the sacraments of Eucharist, reconciliation, and anointing of the sick to parishioners who are unable to participate because of illness or aging. For more information and to arrange receiving the sacraments, contact Parish Office.



SICK CALLS AND OTHER URGENT MATTERS

If you need a priest urgently, please call the appropriate number:

BUSINESS HOURS:
PARISH OFFICE—9949 4455

AFTER HOURS:
(Evenings & Weekends)
0490 898 464



Shea Riley Pearson
Son of Conor & Jessica

Mia Grace Peddie
Daughter of Ben & Abaigh

Sadie & Ruby Murphy
Daughters of Brendan & Jessica

PRAY FOR THOSE IN OUR COMMUNITY:

SICK:

Fr David Taylor, Keiren Marquillero, and all those injured in the Bondi massacre, Nigel Manchee, Remo Dellagiacoma, Odette James, Joyce Arnold, Peter & Jan Van de Velde, Cecilia Yeung, Gemma Mangelsdorf, Rodney Arnold

RECENTLY DECEASED:

Leslie Rennie, Daisy Chiu, Michelle Hadley, Muriel Cowell

ANNIVERSARIES:

Ricki Hayes, Marion Hayes, Arthur King

Our community would love to pray for you.

If you have an intention you would like to be included in this bulletin please e-mail office@nhcatholic.org.au

CHILDREN'S LITURGY OF THE WORD

"And all thy children shall be taught of the Lord; and great shall be the peace of thy children." ISAIAH 54:13

EVERY 4TH SUNDAY OF THE MONTH

ST CECILIA'S 9:00AM

ST KIERAN'S 9:30AM

and

ST KIERAN'S 5:00PM

Children's Liturgy will also run **every week at the 9:30am mass** when volunteers are available.



All children in Years 5, 6 and 7 are welcome to join our

junior YOUTH GROUP

We will be playing fun games and exploring faith in new and exciting ways!



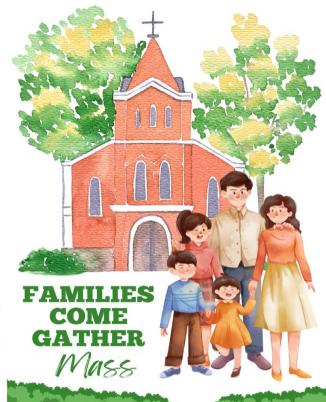
2026

ST CECILIA'S CHURCH FAMILY MASSES

Every 4th Sunday of each month during school terms will be a **Families Come Gather MASS**

with Children's Liturgy and **Morning Tea** in the playground afterwards.

This will be a lovely way for the St Cecilia's Community to gather together on a regular basis and we hope to see you there!



St Kieran's Church

Parish Family Mass

EVERY 4TH SUNDAY OF THE MONTH

Children's Liturgy & Free Supper after Mass

at St Kieran's Church, most 2nd Sundays in term time

Come along to hear some great music and have a free supper afterwards!

Looking for

NEW

MINISTERS OF THE WORD

Our parish is in urgent need of volunteers to serve as Ministers of the Word. This beautiful ministry involves proclaiming God's Word during Mass—usually just once a month all training is provided.

We are especially in need of readers for the 7.30am Mass at St Kieran's, but we are also looking to fill rosters across all Mass times.

If you have ever felt a gentle nudge in your heart, please take a moment to listen. Is God calling you to this ministry? We would be grateful for your "yes".

Your willingness to serve helps our community hear and live the Word of God. Thank you for your generosity and your service. Sign-up by:

Contacting the Parish Office

Using the QR code provided

Filling-out the volunteer form at the church entrances

PARISH SOCIAL JUSTICE GROUP

"Faith in action - living the Gospel through justice and love"

ACTIONS FOR DECEMBER

Provided a helping hand in delivering hampers for St Vincent de Paul's Christmas Appeal.



Invitation to parishioners to support St Augustine's College "Day For Girls" project. Preparing and distributing sustainable menstrual health solutions to shatter stigma and limitations for women and girls. Contact Bette Larkin on 0410 177 704 for more details and to register.

LAUDATO SI

Unpacking Laudato Si parish toolkit and finding ways to implement.
<https://www.caritas.org.au/media/jxmndsx/dsx/dsx/caritas-australian-guide-to-laudato-si-action-planning.pdf>
 Bring your ideas to our next meeting



JOIN US
 2 February 2026
 Monday | 7:00pm
 St Kieran's Parish Centre
 2 King Street, Manly Vale



FR PETER JONES OSA THANKSGIVING and FAREWELL Mass

Sunday, 25 January 2026
9:30AM Mass
Followed by Morning Tea



HOSPITALITY VOLUNTEERS FOR 2026

Hello & Happy New Year to you all!

Hospitality after the 9.30am mass on Sundays at St Kieran's Church will start back up on Sunday, 1 February and I am looking for more people to join and be a part of this very wonderful and rewarding ministry.

Volunteers are placed on a roster so you can choose how often you would like to volunteer for (eg. once or twice a term).

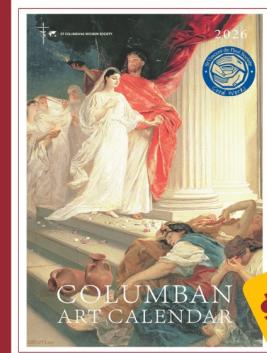
The parish provides the morning tea along with the coffee, tea & milk so all that is needed from you on the day is to set up (about 20 mins before the commencement of mass), serve after mass and then pack away and clean up.

So, if this is something that you think you can volunteer for and help with and be a part of this ministry, please contact me either by phone or email as I would love to have some new volunteers for 2026. Also, if you would just like further information, please feel free to get in contact with me.

ADRIANA BOWYER
Hospitality Co-ordinator
0402 099 746
albowyer@bigpond.com



COLUMBAN ART CALENDAR



Available in the
St Kieran's
Church Foyer.

Please place
money in the
Vinnies Donation
Box.

\$10.

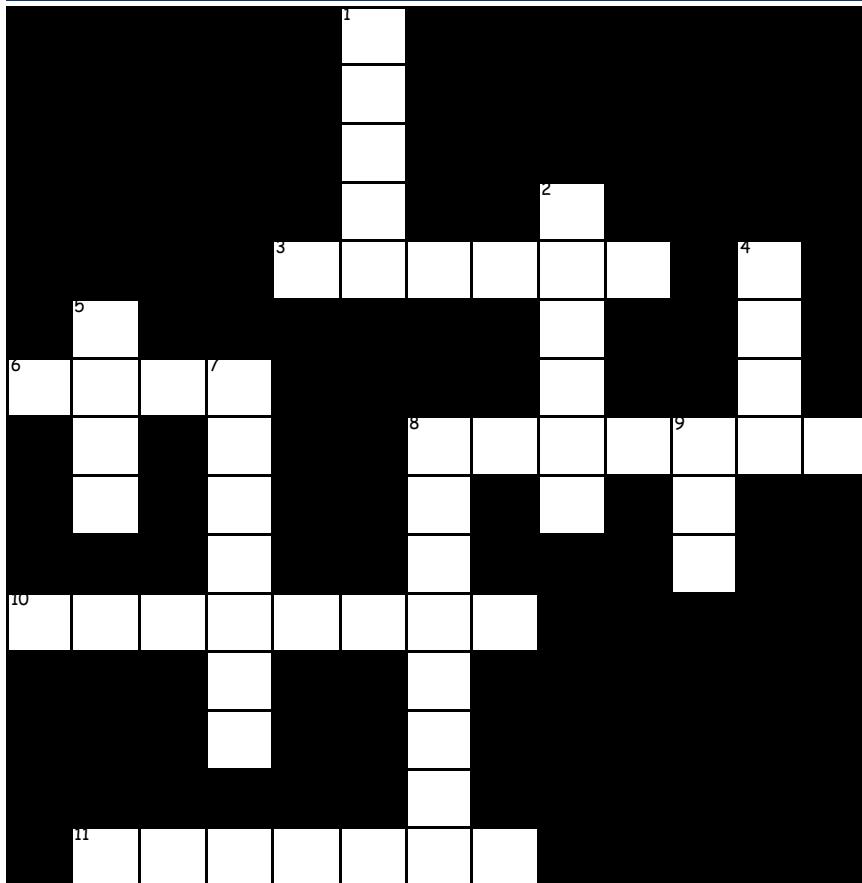
Thank you for your support



Our heartfelt gratitude to our Parish Community, including but not limited to **St. Augustine's College, Blackmores, St. Kieran's families, St. Cecilia's families**, and everyone in the parish who contributed to the hampers, packed them, and/or delivered them to those in need within our community.

A special thank you goes to the **Donato family** for their tireless effort in coordinating and administering this **St. Vincent de Paul** initiative.





CROSSWORD PUZZLE

You are my own dear Son.

ACROSS

- 3: the Holy Spirit came upon Jesus while he did this
- 6: the Holy Spirit came upon Jesus in this form
- 8: to be happy with something
- 10: to become one of God's people
- 11: footwear commonly worn in biblical times

DOWN

- 1: John baptised people with this
- 2: a voice was heard coming from this place
- 4: John told people of a man who would baptise them with the Holy Spirit and with _____. 5: the cousin of Jesus who baptised people with water
- 7: extremely happy
- 8: strong and mighty
- 9: the vast space above the earth

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Sharing the Gospel

After you were baptised, the Holy Spirit came to help you do great things for God. Forgive someone who really hurts you. Invite someone who is usually left out to your party. Take care of the sick. Feed those without food. Do these things. They show that you love God above all and your neighbour as yourself. Then God will say to you, "I love this child of mine and am very pleased with you."

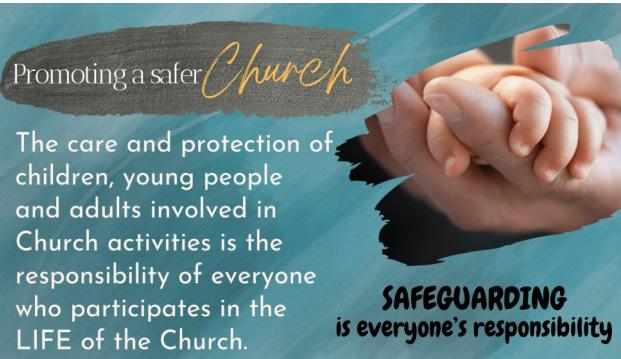
Prayer

Lord, I love you and want to do what you ask of me.

Mission

I will pray for all people who are not baptised.

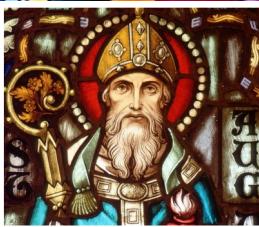
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COLOR

Read the Gospel of the week and color the image.





O Lord, I love You. I love, I burn, I pant for You; I trample under foot all that gives here delight. I want to go to You.

Sermon 159, 8

- St Augustine of Hippo

NEXT WEEKEND (18 JANUARY 2026): 3rd SUNDAY IN ORDINARY TIME, YEAR A

FIRST READING Isaiah 49:3. 5-6 <i>Israel, a light to the nations.</i>	17 JAN, 5.30PM ST KIERAN'S <i>Senior Server</i> Stephen	18 JAN, 7.30AM ST KIERAN'S <i>Senior Server</i> Michael	18 JAN, 9AM ST CECILIA'S <i>Senior Server</i> Ian	18 JAN, 9.30AM ST KIERAN'S <i>Senior Server</i> Adrian	18 JAN, 5PM ST KIERAN'S <i>Senior Server</i> Edelvine
RESPONSORIAL PSALM Ps 39:2. 4. 7-10. R. vv.8. 9 <i>Here I am, Lord; I come to do your will.</i>	Readers Rick Elizabeth-Anne Terry (R)	Readers Seamus Elsie Jenny (R)	Readers Kerry Sandra Hilde	Readers Cathie Dale Fatima (R)	Readers Jo Rodney Christine (R)
SECOND READING 1 Corinthians 1:1-3 <i>Paul sends greetings to the people of Corinth.</i>	Music PPT/audio	Music PPT/audio	Music PPT/audio	Music PPT/audio	Music PPT/audio
GOSPEL ACCLAMATION John 1:14. 12 <i>Alleluia, alleluia!</i> <i>The Word of God became flesh and dwelt among us. He enabled those who accepted him to become the children of God.</i> <i>Alleluia!</i>	Communion Min Jenny Volunteer Needed	Communion Min Lea Olivier	Communion Min Volunteer Needed Volunteer Needed	Communion Min Titus Adriana	Communion Min Catherine Geraldine
GOSPEL John 1:29-34 <i>John the Baptist points to Jesus.</i>	Powerpoint Volunteer needed	Powerpoint Joseph	Powerpoint Volunteer needed	Powerpoint Volunteer needed	Powerpoint Volunteer needed
	Welcomers Volunteers needed	Welcomers Volunteers needed	Welcomers Volunteers needed	Welcomers Volunteers needed	Welcomers Volunteers needed

OBSERVANCES FOR THE WEEK OF 11 JANUARY

Mon 12 Jan: Monday of the 1st Week in Ordinary Time, Year 2

Tue 13 Jan: Tuesday of the 1st Week in Ordinary Time, Year 2

Wed 14 Jan: Wednesday of the 1st Week in Ordinary Time, Year 2

Thu 15 Jan: Thursday of the 1st Week in Ordinary Time, Year 2

Fri 16 Jan: Commemoration of the Deceased Relatives of the Augustinian Family

Sat 17 Jan: St Anthony, abbot

The Catholic Community of North Harbour



Under the Pastoral Care of the Augustinians Catholic Diocese of Broken Bay www.bbcatholic.org.au

Parish Office 2 King Street, MANLY VALE 2093 NSW AUSTRALIA
P 02 9949 4455 E office@nhcatholic.org.au W www.bbcatholic.org.au/northharbour

Office Hours 9.00am to 4pm (Tuesday to Friday)

Churches **Church of St Cecilia** Wanganella St and White St, Balgowlah 2093 NSW
Church of St Kieran 2 King St, Manly Vale 2093 NSW

Parish Staff **Parish Priest:** Fr Michael Belonio, OSA E pp@nhcatholic.org.au
Asst Priest: Fr Jumbim Torres, OSA E jtorres@nhcatholic.org.au
Asst Priest: Fr John Zhang E jzhang@nhcatholic.org.au
Administration Officer: Charlene Mendoza E admin@nhcatholic.org.au (Tue-Fri)
Bookkeeper: Valerie Buono E accounts@nhcatholic.org.au (Thu)
Secretary: Anne Ross E office@nhcatholic.org.au (Thu, Fri)
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Principal:
Ms Margaret Holles



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Co-educational pathways K - 12

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continued support.
Thank You!



THE CATHOLIC COMMUNITY OF
NORTH HARBOUR



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(First Collection)



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Donations over \$2 to PWBB are tax deductible.

PWBB and Augustinian Appeal envelopes are also available at the
church entrances